

# Clothing and Equipment List

## *CLOTHING*

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### **SHOES**

Sturdy high-top shoes are the best with a closed toe. Try to avoid wearing sandals because of rocks and cactus.

### **PANTS**

Bring a loose fitting pant that allows you to move around. Avoid tight fitting non-stretchy pants. Bring a pair of shorts if its Fall, Spring in Joshua Tree or Summer in Idyllwild

### **SHIRTS**

Bring a long sleeve and short sleeve

### **JACKET**

A pile pull-over, jacket or wool sweater is great. Stick to synthetics or wool and avoid bringing cotton

### **HAT**

Bring two, a sun hat and a warm insolated hat for the winter time

### **GLOVES**

Bring a pair of warm ones if it is winter time. You probably won't need leather gloves.

## *EQUIPMENT*

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### **DAY PACK**

Bring a pack big enough to carry all your gear and some climbing gear. You will want to have your hands free while hiking to the climbs

### **SUNGLASSES**

With keeper strings like Chums.

### **SUN SCREEN**

A must item!

### **FOOD**

Bring plenty of lunch because you may work up an appetite

### **WATER**

There usually no water where you will climb so bring at least 2 Quarts. We recommend more like 3-4 when it's hot.

### **CAMERA and film**

**Bring as much off the list as you can!**  
**If you have any questions feel free to contact our office!**

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