

In consideration of the services of Uprising Adventure Guides, inc. their agents, owners, officers, volunteers, participants, employees, and all other persons or entities acting in any capacity on their behalf (hereinafter collectively referred to as "U.A.G."), I hereby agree to release, indemnify and discharge U.A.G., on behalf of myself, my children, my parents, my heirs, assigns, personal representative and estate as follows:

1. I acknowledge that hiking, camping, backpacking and rock climbing entails known and unanticipated risks that could result in physical or emotional injury, paralysis, death, or damage to myself, to property, or to third parties. I understand that such risks simply cannot be eliminated without jeopardizing the essential qualities of the activity.

**The risks include, among other things:** Slipping and falling; water hazards; exhaustion; exposure to temperature and weather extremes which could cause hypothermia, hyperthermia (heat related illness), heat exhaustion, sunburn, dehydration; and exposure to potentially dangerous wild animals, insect bites, and hazardous plant life; equipment failure; and improper lifting and carrying. The hazards of walking on uneven terrain and slips and falls; being struck by rock fall or other objects dislodged or thrown from above; the use of climbing ropes and equipment; the forces of nature, including lightning and rapid weather changes; the risks of falling off the rock; my own physical condition, and the physical exertion associated with this activity

Furthermore, U.A.G.guides have difficult jobs to perform. They seek safety, but they are not infallible. They might be unaware of a participant's fitness or abilities. They might misjudge the weather or other environmental conditions. They may give inadequate warnings or instructions, and the equipment being used might malfunction.

2. I expressly agree and promise to accept and assume all of the risks existing in this activity. My participation in this activity is purely voluntary, and I elect to participate in spite of the risks.

3. I hereby voluntarily release, forever discharge, and agree to indemnify and hold harmless U.A.G. from any and all claims, demands, or causes of action, which are in any way connected with my participation in this activity or my use of U.A.G.'s equipment or facilities, **including any such Claims which allege negligent acts or omissions of U.A.G.**

4. Should U.A.G. or anyone acting on their behalf, be required to incur attorney's fees and costs to enforce this agreement, I agree to indemnify and hold them harmless for all such fees and costs.

5. I certify that I have adequate insurance to cover any injury or damage I may cause or suffer while participating, or else I agree to bear the costs of such injury or damage myself. I further certify that I am willing to assume the risk of any medical or physical condition I may have.

6. In the event that I file a lawsuit against U.A.G., I agree to do so solely in the state of California, and I further agree that the substantive law of California shall apply in that action without regard to the conflict of law rules of that state. I agree that if any portion of this agreement is found to be void or unenforceable, the remaining portions shall remain in full force and effect.

**By signing this document, I acknowledge that if anyone is hurt or property is damaged during my participation in this activity, I may be found by a court of law to have waived my right to maintain a lawsuit against U.A.G. on the basis of any claim from which I have released them herein.**

I have had sufficient opportunity to read this entire document. I have read and understood it, and I agree to be bound by its terms.

**PLEASE WRITE LEGIBLY**

**Signature of Participant:** \_\_\_\_\_ **Print Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **City** \_\_\_\_\_ **State** \_\_\_\_\_ **Zip** \_\_\_\_\_

**Home Phone:**(\_\_\_\_\_) \_\_\_\_\_ **Email:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**PARENT'S OR GUARDIAN'S ADDITIONAL INDEMNIFICATION (Must be completed for participants under 18yrs.)**

In consideration of \_\_\_\_\_ (print minor's name) ("Minor") being permitted by U.A.G. to participate in its activities and to use its equipment and facilities, I further agree to indemnify and hold harmless U.A.G. from any and all Claims which are brought by, or on behalf of Minor, and which are in any way connected with such use or participation by Minor.

**Parent or Guardian:** \_\_\_\_\_ **Print Name:** \_\_\_\_\_ **Date** \_\_\_\_\_

**Photographic and Video Release:** I hereby authorize Uprising Adventure Guides, inc. to record images of my participation during these activities. I waive any rights or claims I may have to these pictures, film or tape. I understand that U.A.G may use these images for educational or promotional use and have my permission to do so. \*\*\*\*\***Signed:** \_\_\_\_\_